

Interview: Alecia “Mixi” Demner, Singer & Songwriter from ‘Stitched Up Heart’

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CHICAGO – Hard rock to their core, the band “Stitched Up Heart” combine powerful vocals and soulful lyrics to make the band a rock ‘n’ roll force to be reckoned with ... Stitched Up Heart recently released their new track “Lost,” featuring Godsmack front man Sully Erna. “Lost” is the first track released off their upcoming sophomore LP that will be released in the fall.

The song is the follow up track to Stitched Up Heart’s hit “Monster”, which peaked at #25 on Billboard’s Active Rock chart and #27 on the Mainstream Rock Songs Chart, off of their debut album “Never Alone.”



Alecia “Mixi” Demner, Lead Singer and Songwriter of Stitched Up Heart

Photo credit: Jeff Doles for HollywoodChicago.com

Jeff Doles of HollywoodChicago.com caught up with Alecia “Mixi” Demner, lead singer and songwriter of Stitched Up Heart. She talked about a wide array of topics, including the band, the current tour, tattoos and the bands’ new track “Lost.”

HollywoodChicago.com: ‘Lost’ features Godsmack front man Sully Erna. How do your two voices complement each other in creating the mind-blowing song, and what do the lyrics mean to you?

Mixi Demner: I love the sound of a male and female vocal together over some loud low tuned guitars. It’s great because you get a blend of a masculine and feminine dynamic. Plus, I love Sully’s voice so it’s going to sound great no matter what, when he is singing on it.

HollywoodChicago.com: What have you learned from additional musical collaborations and tours with other bands?

Mixi: We learn so much every tour we go on. We are all about evolving – you have to always be learning and growing or you’ll stay the same. This tour alone has taught us so much about how larger road productions run. We are also always in conversation about gear and sound to try to constantly better the live quality of the music.



Mixi Fires Up the Crowd

Photo credit: Jeff Doles for HollywoodChicago.com

HollywoodChicago.com: Being a fierce female fronted band, combined with your passionate performances, gives you a distinctive sound and look. Is the approach to being female rock star any different in your perspective?

Mixi: I wouldn’t really know the difference because I’ve never been a boy! [laughs] However, I used to not want to be a female. I was a tomboy as a kid and had to finally come to terms with the fact that I’m am a girl and that’s just the way it is. Now I own it and am proud to be a woman, and want to inspire other women to fight for their dreams as well. Cause if I can do it, anyone can, regardless of gender.

HollywoodChicago.com: Have you heard from your substantial female fan base that they use your thought provoking lyrics to motivate their own personal growth? Any inspirational stories you can share?

Mixi: I always hope whatever I create inspires others to create. Music has given me life and brought me to tears. It means the world to me and if I can inspire someone else to live their dreams in music, I hope that one day we can open up for them on huge tour.

HollywoodChicago.com: How did your passion for tattoos start and how old were you when you got your first one?

Mixi: I got my first tattoo when I was 16 years old, at a tattoo party where luckily they didn’t check my ID. I was a big art nerd in high school and just loved the art of tattoos. I doodled on all my homework and assignments ... so why not doodle all over my skin permanently?

HollywoodChicago.com: You have a lot of stars and astrological tattoos. Did you design the tattoos and what do they mean to you personally?

Mixi: There are a few I drew and then had the artists tattoo on me. I am not sure why I’m so drawn to the stars. I think it’s the unknown that’s up there that captivates me. When you look at the sky you feel so small and insignificant. And if our life is so minuscule we might as well go for everything we dream, because if we fail it doesn’t matter anyway.



Mixi Reaches for the Stars

Photo credit: Jeff Doles for HollywoodChicago.com

HollywoodChicago.com: How is does feeding off the audience connect with you when performing live? What song gets the most positive feedback from your live performances?

Mixi: There's so many emotions that go into live performance. And for me it really is the vibe from the crowd that makes me go harder. If I can feel them with me and having fun I will give them more. If I don't feel the energy, I shy away from doing the crazy stuff. But to be honest it's impossible for me to not pour everything I have onto that stage. Which song gets the best response? Usually ones where the crowd participates.

HollywoodChicago.com: You like to meet your fans after a show. What aspects of those meet-and-greets do you enjoy?

Mixi: I love connecting with people after the show. Meeting people who appreciate all the hard work we put into this is truly humbling.

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Stitched Up Heart is Alecia “Mixi” Demner (Lead Singer), Merritt Goodwin (Lead Guitar), Randy Mathias (Bass) and James Decker (Drums). Upcoming performances in Chicagoland includes the Apollo Theatre Ac in Belvidere, Ill., on May 17th, 2019, [click here](#). [27] and The Forge in Joliet, Ill. on May 20th, [click here](#). [28]

Interview by: Jeff Doles

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